

Spreading fitness

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A N N U A L R E P O R T

Talwalkars Better Value Fitness Limited



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Corporate Information

Board of Directors:

Madhukar Talwalkar - Executive Chairman

~~Prashant Talwalkar - Managing Director & CEO~~

~~Vinayak Gawande - Whole time Director~~

~~Girish Talwalkar - Whole time Director~~

~~Harshe Bhatnagar - Whole time Director~~

~~Anant Gawande - Whole time Director & CFO~~

~~Manohar Bhise - Director~~

~~Raman Maroo - Director~~

Mohan Jayakar - Director

~~Avinash Phadnis - Director~~

~~Glenn Saldanha - Director~~

Abhijeet Patil - Director

COMPANY SECRETARY

Niraj Oza

BANKERS

Union Bank of India

AUDITORS

~~Saraf Gunkar & Associates, Chartered Accountants,
201, Shreyas, Mogul Lane, Mahim (West), Mumbai - 400 016.~~

REGISTRAR & SHARE TRANSFER AGENTS

~~Link Intime India Private Limited, C-13, Pannalal Silk Mills Compound, L.B.S Marg, Bhandup (West),
Mumbai - 400 078. | Tel: +91 22 25946970 | Email: mt.helpdesk@linktime.co.in~~

REGISTERED OFFICE

~~801 – 813, Mahatma Chambers, 22, Bhamburda Road, Mumbai – 400 026.
Tel: +91 22 66126360 | Fax: +91 22 66126363 | Website: www.talwalkars.net~~

7TH ANNUAL GENERAL MEETING ON

~~23rd September, 2010 at 11.30 a.m.
Venue: M. C. Ghis Hall, Dubesh Marg, Mumbai - 400 001.~~





Chairman's Speech

Dear Shareholders,

India is one of the few economies in the world to have had a quick turnaround during the year 2009-10 despite the global slowdown. The Indian economy is poised to achieve a 9% GDP growth for 2010-11. It is in the process of an economic transformation.

The year 2010-11 started with 58 health clubs and as of date we have 63 health clubs on a consolidated basis in the Company. We are in various stages of completion to increase this to 79 health clubs by September 2010. A further expansion of 27 health clubs will be undertaken thereafter.

I ask myself, "What is the propellant for our growth?"

Firstly, it is the conviction of the consumer in the brand "Talwalkars" which promises to deliver health and fitness to each and every citizen of India.

Secondly, it is consistency in our service through a state-of-the-art training academy set up in Thane.

Lastly, it is a promise to ourselves to reach the magic number of at least 100 health clubs by March 2011.

Talwalkars has been able to sustain momentum by building strong regional teams, decentralising authority and being responsive to the needs of the customer. Apart from the standardised gym packages we have several products such as weight loss, spa, aerobics, etc. to cater to the diverse needs of our customers.

I wish to thank each and every one of our new shareholders who gave us an overwhelming response in the company's IPO in April 2010. The expansion of 27 more health clubs through these funds are on schedule. As we tread our path to success cautiously, we will aim higher and innovate on our way so as to be the forerunner in the health and wellness space in India.

I would like to thank each and every employee of our 63 branches spread across the country, for it is their unflinching loyalty and hardwork which has made your company the brand leader in its category in India today.

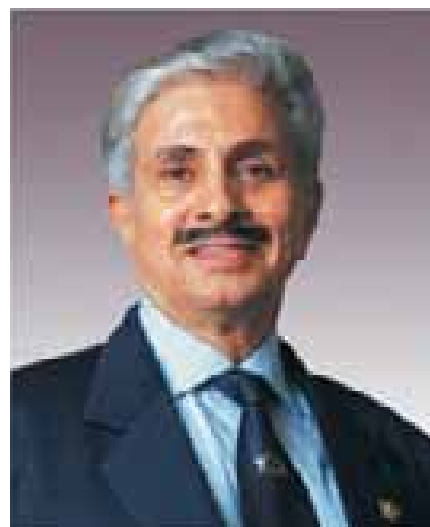
I conclude by thanking all my colleagues on the Board for their invaluable support and guidance.

Last but not least I thank you all for your belief in and continued support to the company.

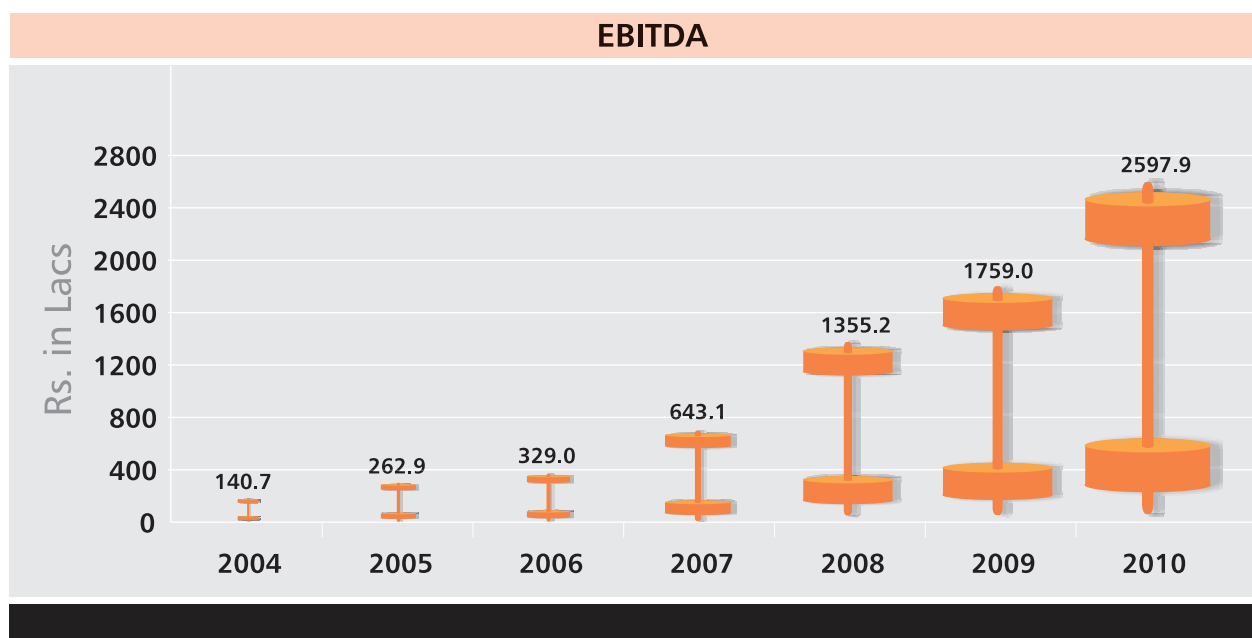
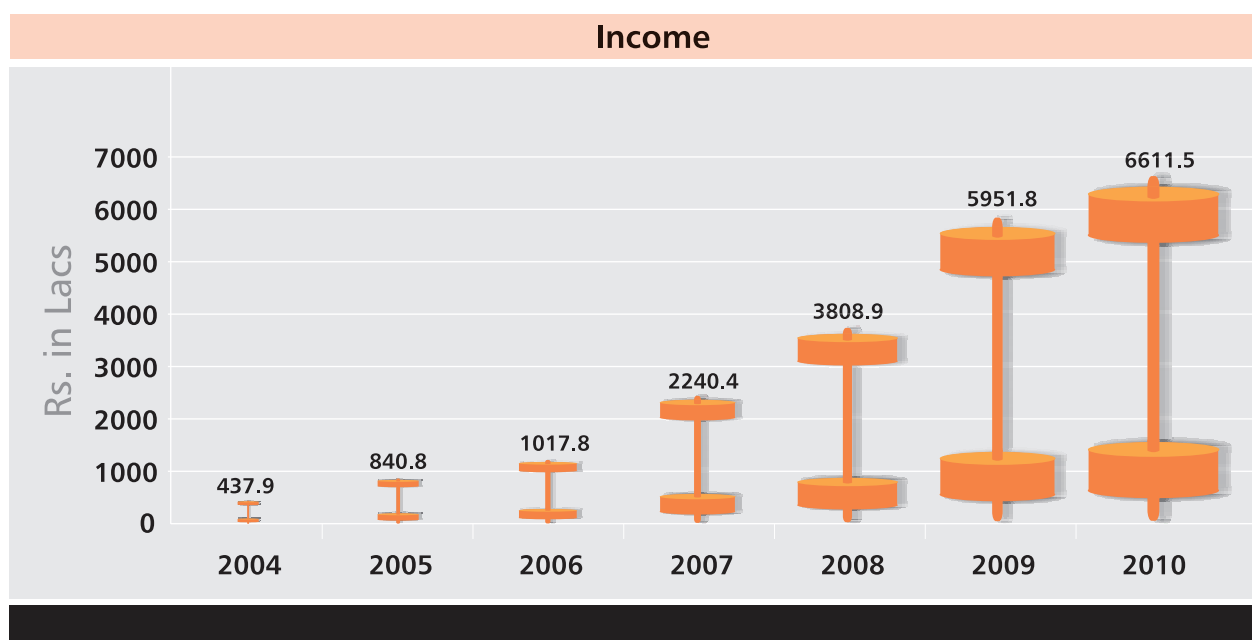
With warm Regards,

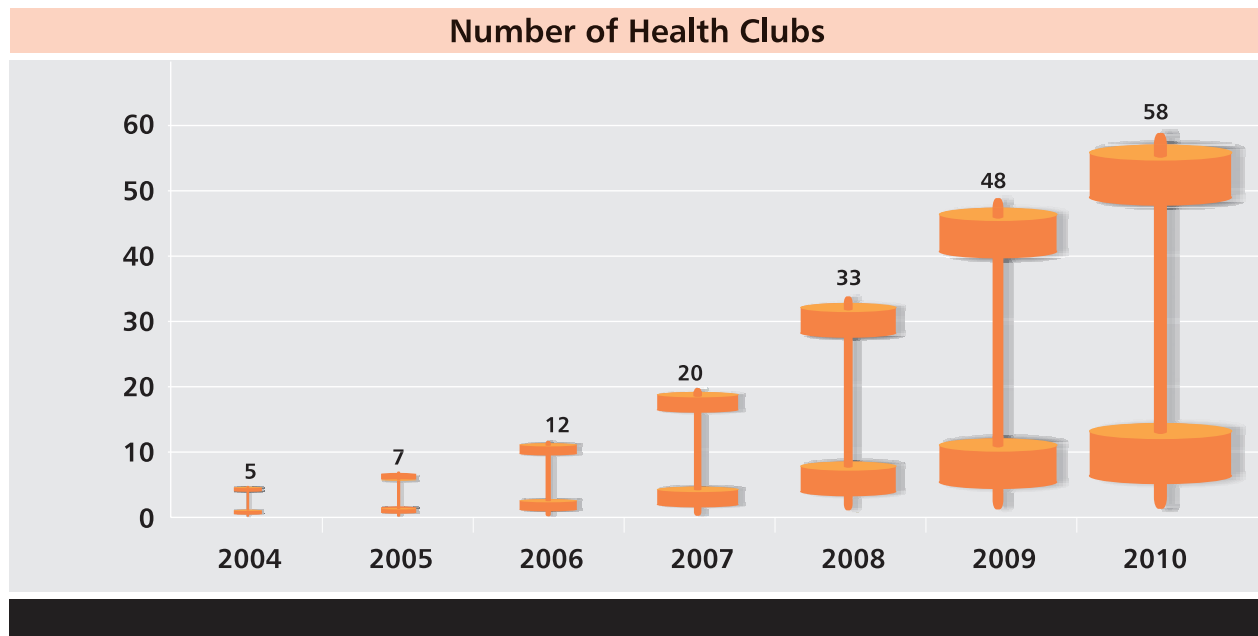
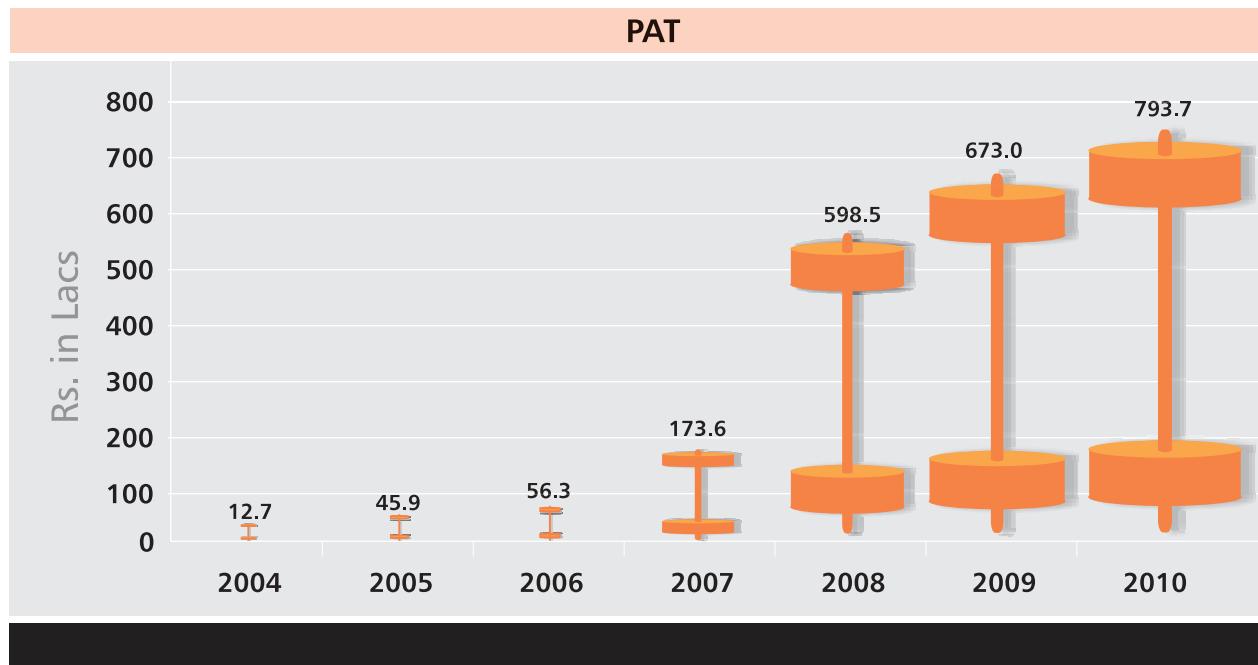
Mr. Madhukar Talwalkar
Chairman

July 7th, 2010.



Financial Performance





Dynamics of Growth

