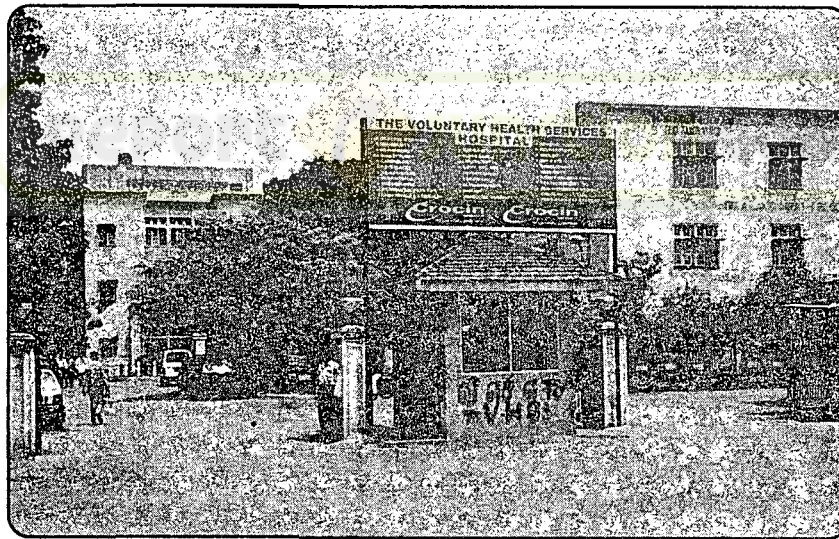




# THE VOLUNTARY HEALTH SERVICES

(REGD.)

ADYAR, CHENNAI - 600 113.



## ANNUAL REPORT

### 2006 - 2007

## **THE VOLUNTARY HEALTH SERVICES (REGD)**

*Registered under the Societies' Registration Act*

*(Central Act XXI of 1860) S.No.72 of 1958*

*Adyar, Chennai 600 113*

**Founder: Dr. K. S. Sanjivi**

**OFFICE BEARERS FOR THE YEAR 2006 – 2007**

(as on 31 March 2007)

**President: Dr. M. S. Swaminathan**

### **BOARD OF TRUSTEES**

Dr. M. S. Swaminathan

Mr. S. Venkitaramanan     Managing Trustee

Dr. A. C. Muthiah

Mr. C. R. Krishnamurthi

Mr. C. U. Shah

Mr. D. Hariprasad

Mr. G. N. Damani

Mr. N. Sugalchand Jain

Mr. S. V. S. Raghavan

Dr. R. Ravi

Ms. K. S. Lakshmi

Ms. Shakunthala Balaraman

Ms. Shantha Krishnamurthy

The Accountant General - I, Government of Tamil Nadu

The Advocate General, Government of Tamil Nadu

**Emeritus Member: Dr. N. Mahalingam**

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## MEMBERS OF THE CENTRAL COMMITTEE

(as on 31 March 2007)

Dr. M. S. Swaminathan (President)	Dr. N. S. Murali (Secretary)
Dr. A. C. Muthiah	Dr. C. V. Krishnaswami
Dr. J. Balasubramaniam	Dr. E.S. Krishnamoorthy
Dr. K. Sridhar	Dr. K. Govindarajan
Dr. M. C. Vasudevan	Dr. K. Sivakumar
Dr. Mrs. Indira Ramamurthi	Dr. Krishnamoorthy Srinivas
Dr. Prathap C. Reddy	Dr. M. D.Nair
Dr. R. Ravi	Dr. P.R. Narayanan
Mr. Aswin C. Muthiah	Dr. R. Gunaseelan
Mr. C. U. Shah	Dr. S. Ramachandran
Mr. G. N. Damani	Dr. S. Suresh
Mr. N. Srinivasan	Dr. T.G. Rajagopalan
Mr. N. Sugalchand Jain	Dr. V. R. Kalyanaraman
Mr. P. B. Srinivasan	Justice G. Ramanujam
Mr. P.L.N. Raghukumar	Mr. A. R.Dharma Raja
Mr. P. R. Venkatachalam	Mr. G. Subramaniam
Mr. R. Rajagopal	Mr. J. Srinivasan
Mr. R. Ramakrishnan	Mr. M. Balaji
Mr. R. C. Parekh	Mr. M. Subramaniam
Mr. F. M. Narayanan	Mr. N. Gopalakrishnan (Treasurer)
Mr. R. N. Damani	Mr. N. Kasturi Rangan
Mr. R. S. Falor	Mr. S. Athmaram Bhatt
Mr. R. S. Murti	Mr. S. Rm. Pl. Subramaniam
Mr. R. T. Chari	Mr. S. Sundar
Mr. S. Jayaraman	Mr. S. Thiagarajan
Mr. S. Thiagarajan	Mr. S. Venkitaramanan
Mr. S.S.R. Rajkumar	(Managing Trustee)
Mr. V. Ramaiah	Mr. Sriram Panchu
Mr. V. M. Jain	Mr. T. K. Seshadri
Ms. A. Kamala Achi	Ms. Alagu Muthu
Ms. Chandrabai Sugalchand Jain	Ms. Maithreyi Ramadurai
Ms. K. S. Babai	Ms. S. Sivasankari
The Advocate General (Tamil Nadu)	Ms. Shanta Guhan
The Chairman, Madras Chamber of Commerce and Industry	
The Collector of Madras	

## LIST OF MEDICAL OFFICERS

Attached to the Voluntary Health Services Medical Centre  
as on 31 March 2007

### GENERAL ADMINISTRATION

Dr. N. S. Murali, MS, FICS  
Hony. Secretary  
Dr. S. Janaki, MD, DGO  
Medical Superintendent  
Dr. Cecy J. Manjila, MBBS, DGO  
Resident Medical Officer

### Administrative Officers:

Mr. S. Vijayakumar, B.Com, DHA(Hospital)  
Mr. B. Narayanan (Finance)  
Ms. Malini Balakrishnan, B.Sc., DHHA  
(Society)

### GENERAL SURGERY

Dr. N. S. Murali, MS, FICS  
Dr. V. Parthasarathy, MS  
Dr. S. Debashish Roy, MS  
Dr. A. K. Rama Rao, MS  
Dr. Balasingh Hillari, MS, FRCS  
Dr. Sandeep Murali, MS, FRCS,  
Dip.NBE (GS)  
Dr. N. Sivarajan, MBBS, DLO, MS (GS)

### ORTHOPAEDICS

Dr. Raveendran Sappany, MS (Ortho)

### NEUROSURGERY

Dr. R. Ravi, MS, FRCS  
Dr. M. C. Vasudevan, MD, DNB (NS)  
Dr. Anil Pande, MBBS, DNB (NS)

### CARDIOLOGY

Dr. G. Ananthasubramaniam, MD  
Dr. N. Subramanian, MBBS, MD(GM)  
DM (Cardiology), FACC, FRCP

### ANAESTHESIOLOGY

Dr. Usha Vijayaraghavan, MBBS, MD, DA  
Dr. Rajalakshmi Velayutham, MBBS, DA  
Dr. K. R. Subramaniam, MBBS, MD (Anaes)  
Dr. A. Soviath Mani, MBBS, DA  
Dr. L. Ramanathan, MBBS, MD (Anaes)  
Dr. G. Nagarjuna, MBBS, DA  
Dr. Sudhakar Subramanian, MBBS, DA  
Dr. V. Senthilkumar, MBBS, DNB

### RADIOLOGY

Dr. N. B. Anand, MBBS, DMRD

### COMMUNITY HEALTH

Dr. Joseph D. Williams, MD, MPH  
Dr. Augustine Arokiaraj, MBBS

### GENERAL MEDICINE

Dr. K. Shanmugasundaram, B.Sc., MD  
Dr. U. V. Ramakrishnan, MD, DTCD  
Dr. Saroja Srinivasan, MBBS  
Dr. K. V. Rajeswarai, MBBS  
Dr. Sarojini Hariharan, MBBS  
Dr. Arvind V. Patil, MBBS  
Dr. Shameeza R. Quathun, MBBS  
Dr. Ramesh Hariharan Iyer, MD (CM)  
Dr. Archana, MBBS  
Dr. P. Natarajan, MBBS  
Dr. D. Ashok Kumar, MD, DTCD

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**UROLOGY**

Dr. Rajan Ramanathan, MS, MCH (Uro),  
DNB (GUS)

**DERMATOLOGY**

Dr. N.B. Anand, MBBS, DNB

**ENDOSCOPY**

Dr. Sandeep Murali, MS, FRCS,  
Dip.NBE (GS)

**BLOOD BANK**

Dr. J. Balasubramaniam, MBBS  
Dr. R. Varatharajan, MBBS  
Dr. V. Mythili, MBBS, DCP

**GYNAECOLOGY**

Dr. Indira Ramamurthi, MD, FRCOG  
Dr. S. Janaki, MD, DGO  
Dr. Snehalatha, MD, DGO  
Dr. Sarala Gopalan, FRCOG, PhD(OG)  
Dr. Isakkiamma, B.Sc., MD, DGO  
Dr. K. Pushpalatha, MBBS, DGO  
Dr. Cecy J. Manjila, MBBS, DGO  
Dr. M. Gayathri, MBBS, DGO

**DIABETOLOGY**

Dr. C. V. Krishnaswami, FRCP(Edin), FAMS,  
DTM&H(Edin)

Dr. Ramesh Chandrasekaran, MD, MRCP(UK),  
DTM&H(Lond) Fellow in Diab. MRI-Manchester (UK)

Dr. M. Chellamariappan, B.Sc., MBBS  
Dr. G. Vijaya Kumar, MBBS, Dip.Diab., CCDE  
Dr. A. Srivatsa, MBBS, CCDE, Fellowship in  
Diab. (UK) Certificate in Law for Medical  
Practice & Hospitals

Dr. Saroja Srinivasan, MBBS  
Dr. Valluri Rama Rao, MBBS, DNB  
DCP, MNAMS, PG Dip. in Diabetes (Health Sciences)  
Dr. V. Vijayalakshmi, MBBS  
Dr. Prema Krishnaswami, MBBS, DRCOG(Lond)  
Dr. Meenakshi Dhamija, MBBS

**NEUROLOGY**

Dr. K. Srinivas, DM, FRCP(Lond), FRCP(Edin),  
FRCP(Glas), FAMS, FACP, FICP, FIMSA, FAAN  
Dr. E.S. Krishnamoorthy, MD, DCN(Lond),  
PhD(Lond), FRCP(Edin), FRCP(Glas), MAMS(India)  
Dr. Sasikala Kannan, MBBS, DCN(Lond)  
Dr. N.D. Ramanujam, MD  
Dr. Rema Raghu, MBBS  
Dr. Ramya, MBBS  
Dr. N. Subbulakshmy, MBBS, DCN(Lond)

**ENDOCRINOLOGY**

Dr. K. Shanmugasundaram, B.Sc., MD

**OPHTHALMOLOGY**

Dr. R. Raveendran, MS, DO  
 Dr. S. Parthasarathy, MS, DO  
 Dr. Usha Rani, MBBS, DO  
 Dr. K. N. Ranganath, MBBS, DO  
 Dr. Raja Rajan, MBBS, DO  
 Dr. Indumathy Sridhar, MBBS, DO  
 Dr. Kalpana, MBBS, DO

**E.N.T.**

Dr. S. Sadasivan, MS, Dip.NBE, DLO  
 Dr. N. Sudhakar, MBBS, DLO  
 Dr. A. N. Srivatsan, MS, DLO

**ULTRASONOGRAPHY**

Dr. S. Suresh, MBBS

**FAMILY WELFARE**

Dr. Sumitha Dubey, MBBS, DGO

**DENTAL**

Dr. R. Gunaseelan, MBBS, BDS,  
 FDSRCS (Eng)  
 Dr. B. Nandhini Kumari, BDS

**LAPAROSCOPY**

Dr. Sandeep Murali, MS, FRCS, Dip.NBE(GS)  
 Dr. R. Selvamani, M.B.M.S.,

**INTENSIVIST**

Dr. V. Senthilkumar, MBBS, DNB

**PSYCHIATRY**

Dr. S. Vijayakumar, DPM  
 Dr. Lakshmi Vijayakumar, DPM  
 Dr. R. Mani, MBBS

**NEONATOLOGY**

Dr. S. Jayam, MD, DCH, FIAP  
 Dr. Mangayarkarasi Senguttuvan, MD, DCH  
 Dr. S. Kausalya, MBBS, Dip.NB(Paediatrics)

**PAEDIATRICS**

Dr. C.S. Rex Sargunam, MD, DCH  
 Dr. Janaki Mahadevan, MBBS  
 Dr. K. S. Subramaniam, MBBS, DCH

**PATHOLOGY**

Dr. M. Anantharam, MBBS  
 Dr. Mrs. L. V. Sarma, Ph.D.(Micro)  
 Dr. Sare Paul, MD (Patho), FICP

**NEPHROLOGY**

Dr. S. Baskaran, DM, DM (Neph)

**HAEMATOLOGY**

Dr. Revathy Raj, DCH, MRCP(Paed)  
 MRCP(Path)

**ONCOLOGY**

Dr. J. Surendran, MD

**HIV/AIDS**

Dr. Suniti Solomon, MD (Micro)

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**Annual Report**


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## ANNUAL REPORT FOR THE YEAR 2006 – 2007

The 48<sup>th</sup> Annual General Meeting of the Society was held on 27 September 2006 at VHS. As on 31 March 2007, there were 1558 patrons and 287 life members. During the year under report, the Central Committee met 3 times.

The 7<sup>th</sup> B.L. Ratan Memorial Lecture was delivered on 14 July 2006 by Dr. Kalaichelvi, Professor of Oncology, Madras Medical College & Oncologist, IOG, Chennai, on "Screening and Early Detection of Cancer in Women".

The 4<sup>th</sup> M.V. Arunachalam Endowment Oration was delivered on 26 August 2006 by Prof. Srinath Reddy, Professor & HOD of Cardiothoracic Surgery, AIIMS, on "Medical & Scientific Journalism: A 20<sup>th</sup> century perspective". A Symposium on "The Art of Medical and Scientific Communication" presided over by Mr. M.V. Murugappan, Trustee, Vellayan Chettiar Trust, was also held that day.

The 11<sup>th</sup> ALNC Day and Oration was delivered on 22 September 2006 by Prof. S.N. Bhagwati, Head, Department of Neurosurgery, Bombay Hospital, Mumbai, on "Rational Management of Craniopharyngioma".

The 20<sup>th</sup> K. Gopalakrishna Endowment Lecture was delivered by Prof. Christopher J. Mathias, Professor of Clinical Neurology, Imperial College and University College, London, on "Dear Doctor I am Dizzy: What should I do?" on 23 September 2006, along with a Symposium on "Autonomic Dysfunction: An interdisciplinary approach".

A World Stroke Day Doctors' Forum was organised by the Department of Neurology on 27 October 2006 in collaboration with the Indian Medical Association, Chennai South.

The 8<sup>th</sup> E.S. Krishnamoorthy Memorial Lecture was delivered on 12 November 2006 by Prof. Peter Whitehouse, Director, Integrative Studies, Department of Neurology, Case Western Reserve University, and Professor of Neurology, University Memory and Aging Center, University Hospitals of Cleveland, USA on "Who's Life is it Anyway? Ethical issues, in caring for elderly people".

On the occasion of National Epilepsy Day on 18 November 2006, The Institute of Neurological Sciences, VHS (TINS-VHS) arranged the launch of Professional and People Forums on the "epi-life.org" portal by Ms. Kalaimamani Sukanya, the well-known cine/TV personality.

In conjunction with the Indian Psychiatric Society's Annual Congress on 7 January 2007, TINS-VHS arranged a series of lectures: "How the Brain and Mind Work!" by Prof. V.S. Ramachandran, University of California at San Diego, USA; "Enhancing the Human Brain – possibilities and pitfalls!" by Prof. Perminder Sachdev, University of New South Wales, Australia; and "Can We Age-proof our Brains?" by Dr. Murali Doraisamy, Duke University, USA.

Nobel Laureate Dr. Amartya Sen delivered the 14<sup>th</sup> K.S. Sanjivi Endowment Lecture on "Health and the Society" on 10 February 2007 to a packed audience at the K.S. Sanjivi Auditorium, VHS. Dr. M.S. Swaminathan presided over the function.

The 27<sup>th</sup> T.S. Srinivasan Endowment Oration "On Viruses, Genes and Mad Cows: Lessons from Prion disease" was delivered on 17 February by Nobel Laureate Prof. Stanley Prusiner, University of California, San Francisco, USA. Mr. Venu Srinivasan presided.

### **New Initiatives**

The IOB Outpatient-Emergency and K.S. Sanjivi Auditorium Block, constructed with the donation from the Indian Overseas Bank, was formally inaugurated on 10 August 2006 by Mr. T.S. Narayanasami, Chairman, Indian Overseas Bank, Chennai, at a well-attended function. Also inaugurated the same day were the Mary Shelvankar Seminar Hall by the donor, Mrs. Menaka Parthasarathy, and the S. Anantharamakrishnan Staff Floor (donated by M/s. TAFE) and the new Administration Wing by Dr. M.S. Swaminathan. VHS records its thanks to all the donors who have helped us realise this long-felt need.

On the occasion of World Diabetes Day on 25 November 2006, with Mr. Suresh Bapalal Mehta as the Chief Guest, the "Varsa Suresh Bapalal Mehta Hall and Table Tennis Centre" was inaugurated by Mr. V. Chandrasekar, the former National Table Tennis Champion.

Using part of the donation of USD 50,000 made last year by the Association of Tamil Nadu Medical Graduates (ATMG) Charitable Foundation, USA, the VHS Community Health Department built a large multipurpose community hall for the tsunami-affected village at New Kalpakkam to be used for social functions, community meetings and evening educational programmes. The community hall was opened on 8 January 2007 by Mr. David T. Hopper, the Consul General of the USA in Chennai, when Dr. S.F. Rahman and Dr. V. Srinivasan, representatives of ATMG, were also present. The remaining part of the donation will be used towards construction of a Mini Health Centre at Pattipuram once the government land formalities are completed.

Also opened by Mr. Hopper the same day was a community toilet built at Nemmelikuppam with the donation of Rs. 5 lakh from MCKS Food for Hungry Foundation, in the presence of Mr. T.R. Sridharan, Managing Trustee of the Foundation.

Out of the donation of Rs. 3.8 lakh by the Rangammal Gopalachari Trust, a Mini Health Centre was constructed at Sithalapakkam, which has been named the Rangammal Gopalachari-VHS Mini Health Centre. This too was opened by Mr. Hopper on 8 January 2007. Mr. Ravi Natarajan of the Trust attended the function.

The extension of the VHS-Rotary Club of Madras Senior Citizen Centre was commissioned on 2 March 2007. This extension has 10 double occupancy and 7 single occupancy rooms, a common room, dining hall and kitchen, an office, and a room with toilet for the caretaker. A small garden is also being nurtured within the complex. All the rooms have already been taken up.



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A new transfusion facility for children with thalassaemia was inaugurated on 3 March 2007 at the Rotary Central-TTK-VHS Blood Bank, which will be run in collaboration with the Thalassaemia Welfare Association, TTK Foundation, and the Rotary Club of Madras. The centre organises free blood transfusion, every month, for children with thalassaemia, which is a genetic blood disorder.

The long-awaited sewerage connection from the Chennai Metropolitan Water Supply and Sewerage Board (CMWSSB) was given after paying the required fee and advance tax to the Board. A new collection chamber has been constructed, along with laying of new chambers all along the southern side of the hospital, to let out the sewage stream into the CMWSSB connecting point.

**Finance**

Donations received during the year totalled Rs. 232.39 lakh (2005–2006: Rs 172.62 lakh), besides Rs. 0.76 lakh by way of individual foreign contributions. The list of donations received as well as particulars of Specific Endowments and details of the Reserve Fund of the Society as on 31 March 2007 are appended.

Also appended are the Auditors' Report and the Balance Sheet of VHS as on 31 March 2007, and the Income and Expenditure Account of the institution, for the year 2006–2007.

Expenditure during the year exceeded income by Rs. 61.79 lakh (2005–2006: Rs. 34.00 lakh).

**Acknowledgements**

We are grateful to the Government of India, the Government of Tamil Nadu, and the large number of donors, patrons, and members of the medical profession for their keen interest and support, financially and otherwise.

We thank the Hospital Helpers Trust for their continued efforts in maintaining the linen in the hospital.

We are thankful to M/s. Aiyar & Company for auditing the accounts for the year 2006–2007.

## REVIEW OF DEPARTMENTS

### MADRAS RACE CLUB HOSPITAL

The hospital has 440 beds, the bed distribution being as follows:

Male Medical Ward	24
Female Medical Ward	24
Male Surgical Ward	40
Female Surgical Ward	26
Paediatric Ward	20
Neurology Ward	16
Neurosurgery Ward	40
HIV/AIDS Ward	24
Acute Care Centre	24
Post-Operative Ward	11
Ophthalmic Ward	16
E.N.T. Ward	6
De-Addiction Ward	15
Maternity-cum-Sterilisation Ward	28
(of which Neonatology Unit	4)
Dialysis Ward	4
Geriatric Ward (Dormitories)	12
Senior Citizen Centre	35
<b>Special Wards</b>	
'A' Ward – Air-conditioned (bath attached)	13
- Non-A/C (bath attached)	5
'B' Class rooms (bath attached)	14
'C' Class single rooms (with a separate common toilet for every 9 rooms)	28
Female Surgical Ward Extension	7
Cottages (4 twin cottages)	8
	————— 440 beds